# 2023 ANNUAL REPORT

COMMUNITY FARM

VENG CLUB

CAPE PATERSON, VICTORIA, AUSTRALIA











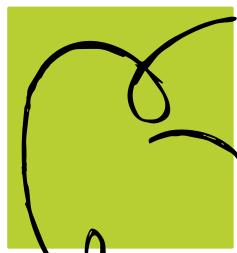












#### ACKNOWLEDGEMENT OF COUNTRY

We acknowledge we are on the traditional land of the Yallock Bullock clan of the Boon-Wurrung peoples of the Kulin Nation. We respect Elders past, present and emerging.

#### OUR MISSION

At the Cape Community Farm, we aim to strengthen our community by nurturing a shared passion for sustainable food cultivation, fostering a deep connection to the physical environment, and cultivating a culture of inclusive learning, knowledge sharing, volunteering, and respectful communication. We aspire to be a living example of a thriving, connected, and sustainable community, with the hope of inspiring and motivating others to join us on the path to a more sustainable way of life.



Celebrating our first planting with our local member Jordan Crugnale, member for Bass, traditional landowner Sonia Weston, Mayor of Bass Coast Michael Whelan and Ward Councillor Leticia Laing, with The Cape Community Farm president Heather Allen and committee member Brendan Condon













THE CAPE FARM UNDER CONSTRUCTION BY THE SUSTAINABLE LANDSCAPE COMPANY













#### PRESIDENT'S REPORT

It's hard to believe a full year has passed since we opened the farm to membership in September 2022.

We grew our membership to 70 in our first year, which I think is a great achievement, and I am pleased to report that we have a similar number who have renewed for the 2023-24 financial year. We have had strong volunteer engagement through both our weekly sessions and our monthly work bees, and I feel confident we can grow this even more, as we take on new projects and the farm delivers further opportunities for members to be engaged, learn and participate in various activities.

There have been many people involved in this journey and I would like to take the opportunity to thank those individuals. Two working groups were convened at the start of 2022, with a view to looking at how the farm might operate and what we were aiming to achieve. I would like to extend my thanks to the members of those two groups.

- Group one-coordinated by Kate Keech and involving Robyn Shallard, Raelene Joyce, Brendan Condon and Melissa Lowe.
- Group two-convened by Mike Wiles, involving myself, Graeme McAlpine and San Muller.

Meeting both individually to brain storm ideas, then a couple of joint meetings the groups came up with some great thoughts on what the farm might look like both in the near and more distant future. From these two working groups a committee of management was formed including four office bearer positions. The committee is currently as follows

- President Heather Allen
- Vice president Robyn Shallard
- Secretary Kate Keech
- Treasurer-Mike Wiles
- General members Graeme McAlpine, Brendan Condon, San Muller.

During the course of the year we have also added three more to our general committee members -Jutta Hau, Anthony Newman and Duncan Bell. The committee has met every month for well over a year, in addition to undertaking many tasks in between meetings. There has been great commitment and passion shown by the committee and I would like to extend my very sincere thanks to all for their hard work. I have a great belief in the value of community and volunteering, so am delighted to see the strong volunteer support we have had throughout our first year.

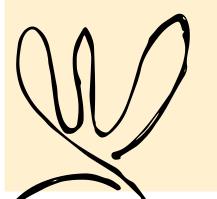
I really want to thanks all those who have volunteered, either now and then or regularly –if one does what one can when one can, it all builds to create great momentum and move us forward in achieving our goals. Thanks also goes to our farmer, Adrian James .He has brought great passion, knowledge and enthusiasm to his job, and it's been amazing to have such an approachable and happy person working in this role.

I would also like to extend my thanks to the Cape Board and especially Brendan as the developer. Without the support of the board, and Brendan's vison, passion and belief in this farm we could not have achieved what we have to date, and all that we will achieve in the future. We became an incorporated organization in August 2022 and opened to membership in September 22 with our first invoices being sent and paid 12/9/22. We have hosted several events at the farm, developed a number of projects and been able to sell fresh excellently priced produce to the general public as well as our members via the honesty box system and our Saturday market.

There has been a great deal of learning along the way, and many success (and some failures) in terms of crop cultivation, as we have learned together and shared our knowledge. I still consider myself a raw beginner but know I have learned so much from Adrian and my fellow members, and am looking forward to further expanding my knowledge (and produce grown). I hope the rest of you have had similar positive experiences.

My final thanks go to you, our members-without such strong support from the beginning we would not be on the road we are on, a road to building an amazing community farm which I hope will become the heartbeat of the Cape, a place we are so privileged to call our home. The committee looks forward to seeing the farm take shape with the addition of power, farm buildings and other innovative projects in 2024 that we will all work on together over the next year or so.

Heather Allen President The Cape Community Farm



#### FROM THE FARMER

The last 12 months has truly flashed by! It's a great privilege to manage the Cape Community Farm as the 'Farmer' and it's been a joy to work with the local community and the dedicated committee to make it all happen.

The Cape Community Farm has come a long way from the initial farm working group, comprising Robyn Shallard, Mike Wiles, Heather Allen, Kate Keech, Brendan Condon, San Muller, Graeme Mc Alpine, Melissa Lowe and Raelene Joyce, all who worked tirelessly over months to build up the organisation, culminating in an incorporated association and a management committee, enabling us to fling open the gates just in time for Spring 22. One of the most encouraging and heartening things for me as the Farmer has been the uptake in participation and enthusiasm for the Farm from the local community, reflected in the consistently solid turnouts at our monthly members days, regular participation in the weekly volunteering sessions and a healthy and steadily growing membership base.

Of course, where would we be without a special mention of the amazing contributions from Graeme, Trevor and Ian who spent the best part of 4 months generously donating their time, energy, effort and expertise into upgrading our greenhouse infrastructure, ensuring that our nursery got off on the strongest possible footing. The Coolgardie Safe was another ingenious innovation from Graeme's workshop, now keeping our hard grown produce in the best possible condition, and will surely come into its own as we move into a hot and dry summer.

It's always nice to have an excuse to show off our farm and I have enjoyed working with the committee to host a couple of great events this year with Edible Gardens Bass Coast 2022 providing an opportunity for us to attract visitors and interest from across the region. Unfortunately, though I was laid up with COVID and ended up missing out (bad timing!). We also hosted an open farm event on Sustainable House Day 2022, where we enjoyed a steady stream of visitors though out the day.

I do enjoy standing up in front of a group of people and recently I've had an opportunity to do that more as The Farm and The Cape Development's been experiencing a significant uptick in interest from schools requesting tours and in one case a complete farm program. Programs and tours will be an important revenue raiser for the farm moving forwards and I've begun working with a small team of volunteers to improve our capacity to run these opportunities moving forward.

I've been attempting to track all of your volunteer contributions over the last 12 months and I came up with 3502 hrs which if accurate is a really staggering figure! Over the last 6 months especially I've felt that we've pushed the car to the top of the hill, and that with just a little bit more of a nudge we'll begin seeing some real momentum building throughout the farm over the coming year, and I look forward to having you all along for the ride!

Best regards Adrian James (AKA "The Farmer")



FIRST PLANTING + FIRST HARVEST























REGULAR TRAINING DAYS OPEN DAYS SCHOOLS VISITING GROUPS



























### **KEY METRICS**

#### PRODUCE



Total weight in Kg of produce grown in community managed garden beds



Total weight in

Kg of produce donated to charity



1234kg \$14,493

Total retail value of produce donated to charity



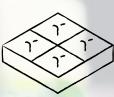
### \$4,063

Total earnings through Saturday morning market sales/honesty box of produce to members and the public

# **MEMBERSHIPS**



70 Members



Plots allocated to members















#### VOLUNTEERING



## Key volunteering contributionsTwice weekly harvest of<br/>produceFarm Promotions /<br/>Marketing / Website

- Twice weekly harvest of produce Weekly market garden session Weekly nursery session Monthly members days
- Farm committee meetings







Nursery infrastructure

Horticulture student

Coolgardie Safe

placements





















#### PROJECTS



Projects completed

Green house Total fit out of greenhouse Produce storage system Concrete and drainage around composting

zone and works yard Drip line irrigation for fruit trees



Potting shed Farm house building

Projects to complete



THE FIRST BIODIVERSITY PLANTS TO COME OUT OF THE CAPE COMMUNITY FARM NURSERY

Coastal Manna Gum for a koala habitat planting

CAT





Public events Edible Gardens Bass Coast Sustainable

House Day 2022



#### REGULAR DONATIONS WERE MADE TO LOCAL FOOD CHARITIES ALL YEAR



#### EVENTS

Members days	Workshops
August 22	Planting fruit trees
September 22	Problem solving citrus
October 22	Resetting a plot using the reset boards
November 22	Composting
December 22	Christmas in the Farm
January 23	Managing soil fertility
February 23	
March 23	Lessons from member plots
April 23	Maintaining healthy plots (AJ and Graeme)
May 23	
June 23	Pruning Fruit Trees
July 23	
August 23	Using the ameliorant tubs to reset a plot
September 23	Installing a drip irrigation system

















LIFE AT THE CAPE COMMUNITY FARM





















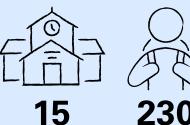








## TOURS & PROGRAMS



Number of schools visited



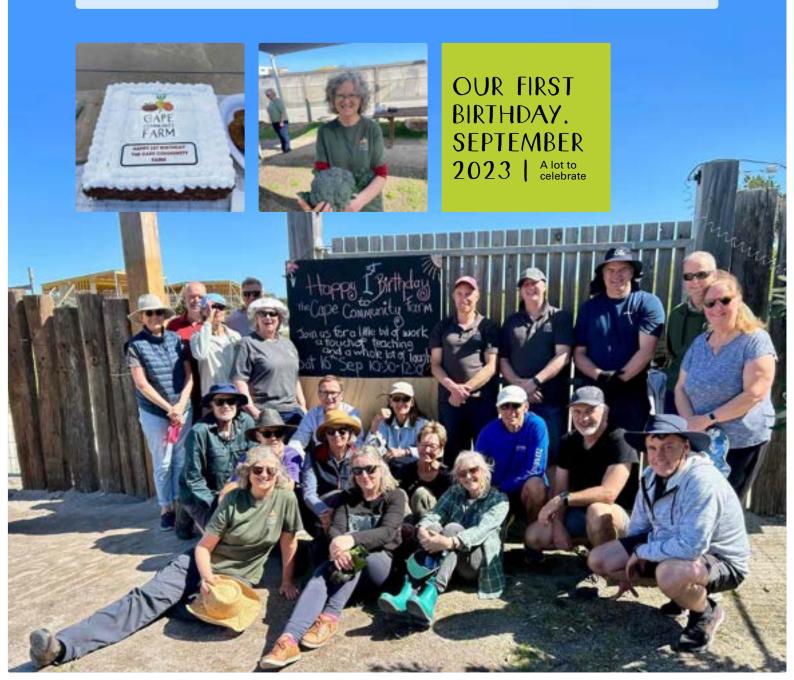
Number of students participated

#### Schools participating in tours

Bass Coast College Foster Secondary Leongatha Secondary Melbourne Grammar Newhaven College McKinnon College SEDA College Trafalgar High Federation University East Doncaster SC Kooweerup SC Coronet Bay CG Tintern Grammar Bass Coast Adult Learning Federation University

#### Visits from other groups and delegations

Joe Dee	Smarter Futures
Sonia Kilkenny	State Minister for Planning
Kelvin Davies	Rainforest Rescue
Chelsea McNabb	Yarra Valley Ecos
Scott Douglas	Green Lab Futures
Bass Coast Shire	Economic Development
Royal Mail Hotel	Kitchen Garden
Mornington Peninsula Shire	Planning team
Ainslie Urban Farm	



#### THE CAPE PROJECT TEAM REPORT

On behalf of the Cape board, it has been wonderful to see the first year of operation of the farm. With looming food system challenges, we were happy to resource the development of a large water efficient farm to complement the other elements of the Cape community – including energy and water efficiency, clean energy and carbon neutral living - that can show how communities everywhere can take positive action to tackle these challenges and live more sustainably.

The original trial section of farm operated from 2015 - 2021 and produced a lot of fresh food over that time and also delivered a lot of valuable learnings, including the need to raise the beds for ergonomics, and the need for well resolved composting systems and protection from the elements amongst other things. The larger farm was designed by The Sustainable Landscape Company, with many improvements made through the input of skilled members and residents of the Cape such as Graeme McAlpine with his horticultural skills. The Cape farm sits within the salt spray zone of Bass Strait and is a challenging place to grow food. Despite this, the clever design of the farm is creating shelter and good microclimates and has produced several tonnes of food in the community garden beds in it's first year of operation.

Our global food supply system has come under serious disruption in the past few years, with the impacts of covid, conflict and climate change all posing challenges to food supply. Rising food prices are adding to the cost of living challenges being experienced in Australia and around the world. Food security is set to be seriously impacted by rising temperatures in a heating climate in future. With this in mind we need to be taking action on climate change and supporting our farming sector, as well as growing food in community gardens, backyards, rooftops, schools and other spaces is going to become more important than ever. We hope the Cape Community Farm helps to inspire more urban farms in communities across Australia and further afield.

Great progress has happened in the past 12 months in identifying quality nutrient sources to enable food production. This includes inputs from local farms, activating and improving our own compost hub, and sourcing other high quality ameliorants including a bulk source of high quality fertiliser from a wonderful company called Bardee in Melbourne, who are using Black Soldier Fly to process and transform Melbourne's food waste into high quality fertiliser for urban farms like ours. We expect that the farm will be even more productive in the next 12 months.

We have enjoyed watching the level of community engagement with the farm, and the benefits it brings, including social interaction, meeting new people and starting new friendships, reduced food bills and food miles, gentle exercise, incidental contact, nutrient cycling and circular economy living, We have also enjoyed watching the skill transfer and development of gardening skills in the farm, with the regular farming workshops that occur on a monthly basis at the farm, as well as informal learning. We hope people use those skills to have a go at growing food at home. From our perspective as funders of the farm, it has also been very positive to see The Cape Community Farm make regular donations of food to local charities who often have limited access to fresh produce.

Congratulations to the hardworking volunteer committee, and the patience of our full time farmer AJ for a great first year. We are very pleased to see the regular contributions from our volunteers, and student placements at the farm. All of this hard work is making the Cape Farm a welcoming, productive, therapeutic and positive social space.

The Cape project team is working hard on the design of the remaining buildings to go into the farm, and once completed this will provide all weather shelter and undercover social spaces and a large kitchen, and will add to the income streams available at the farm to support it to become a financially self sustaining social enterprise. We are looking forward to this happening in 2024 and are excited to see the next year of operation of the farm commence.

Best regards Brendan Condon, on behalf of The Cape Project Team

